

June 2, 2020

***For information purposes only. The situation is evolving quickly, and so are the regulations.
Please always check/confirm the information with the relevant authorities.***

Looking for information about services for newcomers amidst the COVID-19 pandemic? We invite you to contact organizations that provide direct services to immigrants and refugees. You can find a list of our members [here](#).

Please note that all organizations have taken measures to protect you and their staff. As a result, events and activities might have been cancelled or moved online, and offices might be closed. We invite you to visit the organizations' websites directly for more information.

Upon arrival in Canada:

- Travellers with symptoms: mandatory isolation for 14 days (note that entering Canada by air is not permitted at this time for travellers with symptoms)
- Travellers without symptoms: mandatory quarantine for 14 days

In doing so, you are helping stop COVID-19 from spreading.

For more info, refer to the [Government of Canada website](#).

Each Atlantic provincial government has its regulations. Please refer to their website for more information.

- [New Brunswick](#)
- [Newfoundland and Labrador](#)
- [Nova Scotia](#)
- [Prince Edward Island](#)

Immigration, Refugee and Citizenship Canada has implemented special measures to assist temporary and permanent residents and applicants affected by COVID-19. [Learn more](#)

Multilingual resources on COVID-19

- Employment and Social Development Canada published a guide for Temporary Foreign Workers in Canada regarding COVID-19. This guide is available in [English](#), [French](#) and [Spanish](#)

- Social distancing and best practices posters by the Government of Nova Scotia in [English](#), [French](#) and [Arabic](#)
- [Summary of COVID-19-related multilingual resources](#) by the Public Health Agency of Canada
- [Financial assistance for newcomers, temporary residents and refugees](#), IRCC (multilingual resources)
- [Benefits Finder](#), Government of Canada