

Breaking Barriers : Supporting Diverse and 2SLGBTQI+ Newcomers

Saint John, NB

Delta Hotel, Meeting Room: Trinity Royal

February 5, 2025

Times shown are Atlantic Standard Time (AST)

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| 8:00 a.m. | Registration & Breakfast |
| 9:00 a.m. | OPENING Welcome, Land Acknowledgement, Housekeeping & Introductions |
| 9:15 a.m. | Check-In & Intention Setting |
| 9:30 a.m. | KEYNOTE Diversity, Supporting LGBTQIA+ Newcomers, and Mental Health
Laurabel Mba |
| 10:15 a.m. | Wellness Break |
| 10:30 a.m. | WORKSHOP Practical Strategies for Supporting LGBTQIA+ Newcomers
and Addressing Mental Health
Laurabel Mba |
| 12:00 p.m. | Lunch |
| 1:00 p.m. | PRESENTATION Accessibility and Inclusion: Supporting Newcomers with
Disabilities in Their Diversity
Siheem Ait Hammouda, OCASI |
| 2:30 p.m. | Wellness Break |
| 2:45 p.m. | Open Space Lab |
| 4:00 p.m. | Networking with 'Open Space' Gallery |
| 5:00 p.m. | End of Day 1 |



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- 8:00 a.m. Breakfast
- 9:00 a.m. Check-In and Previous Day's Recap with Laurabel Mba
- 9:15 a.m. Introduction to 2SLGBTQIA+
- 10:00 a.m. GUEST SPEAKER | Dr. Sulaimon Abiodun Olawale Giwa, Associate Professor & Interim Dean, Interim Associate Dean of Graduate Programs and Research, Cross-appointed to the Department of Sociology, Police Studies, Memorial University of Newfoundland and Labrador
- 10:30 a.m. Wellness Break
- 10:45 a.m. PRESENTATIONS
- Pre- and Post-Migration Experiences
Kimberly Offspring, YWCA St. John's, & Dr. Giwa, MUN
 - Refugees Experiences
Rhiannon Makohoniuk & Orlando Tovar, RRANS
 - Youth, and Rural Experiences
Ahrthyh Arumugam, YMCA Greater Halifax/Dartmouth, Immigrant Services
- 12:00 p.m. Lunch
- 1:00 p.m. "Warm Up" Exercise with Laurabel Mba
- 1:15 p.m. PANEL | Best Practices When Working with 2SLGBTQI+ Newcomers
Moderator: Laurabel Mba
Panelists:
- Ahrthyh Arumugam, YMCA Greater Halifax/Dartmouth, Immigrant Services
 - Kimberly Offspring, YWCA St. St. John's
 - Rhiannon Makohoniuk, RRANS
 - Dr. Giwa, MUN
 - Orlando Tovar, RRANS
- 2:15 p.m. Wellness Break
- 2:30 p.m. Group Activity: Case Studies & Scenarios
- 3:20 p.m. Visualization Activity with Ahrthyh Arumugam
- 3:35 p.m. Closing Remarks
- 4:00 p.m. Closure