

# Employment Programs for Refugee Youth



## Curriculum Design

### Self-Awareness

Through personality and career assessments, classroom activities, and staff discussions, youth explore their strengths, interests, and their contributions to Canadian society.

### Explore & Identify Careers of Interest

Using guest speakers, workshops, and Canadian job board websites, youth identify career interests and the qualifications needed for those fields.

### Education Pathways

Youth learn about Canadian education pathways, their requirements, and how education supports future careers and lifestyles through guest speakers and independent research.

### How to Find & Apply for a Job

Youth practice job searching, resume and cover letter writing, professional communication, self-marketing, and staying motivated during the application process.

### Interview Preparation & Practice

Youth learn to respond to various interview questions, use professional body language, understand post-interview steps, and participate in mock interviews with targeted feedback.

### Goal Setting & Career Action Plans

After identifying career-aligned interests and skills, youth collaborate with staff to create an action plan for gaining relevant experience, education, and connections.

### Digital and Financial Literacy

Youth develop digital skills through Microsoft Suite, email, and online courses, and learn about money management, paychecks, savings, taxes, and investments.

### Understand Safety, Rights, and Labour Standards

Guest speakers and workshops teach youth about labour rights, boundaries, mental health at work, and provide training in WHMIS, First Aid and CPR, fire safety, EDI, and conflict resolution.

### Communicating in the Workplace

Through activities and workshops, youth learn effective communication, confidence, professional behavior, and address workplace conflicts through EDI and conflict resolution training.

### History & Culture

Trauma-informed workshops, field trips, and guest speakers teach youth about Nova Scotia and Canadian history, with a focus on Indigenous and African Nova Scotian cultures.

## Program Takeaways for Youth:

A Career Action Plan

Knowledge About Work and Life in Canada

Skills Practice and Certifications

Canadian Work Experience